

EXERCISE AND SPORT STUDIES MINOR

Required Courses

KINE 240	Introductory Principles of Exercise Science and Sport	4
KINE 278	Introduction to Perspectives in Physical Activity	4
KINE 308	Motor Development	3
KINE 324	Sports, Media and American Popular Culture	4
KINE 366	Applied Sport Psychology	3
KINE 401	Managing Exercise, Health, and Sport Programs	3

Approved Electives ¹

Select from the following: 8

At least 4 units must be at the 300-400 level.

HLTH 250	Healthy Living
or HLTH 255	Personal Health: A Multicultural Approach
or HLTH 260	Women's Health Issues
or HLTH 443	Health Education for Teachers
KINE 266	Sport and Exercise Psychology
KINE 307	Adapted Physical Activity
KINE 312	Motor Learning and Control
KINE 323	Sport and Gender
KINE 382	Psychological Aspects of Injury in Sport and Physical Activity
PSY 350	Teamwork
RPTA 260	Community Relations and Sports-Based Youth Development
RPTA 323	Sport Marketing and the Fan Experience

Total units 29

¹ Some courses may require additional prerequisites.