

# NUTRITION MINOR

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## Required Courses

FSN 202	Introduction to Human Nutrition	4
FSN 310	Maternal and Child Nutrition	4
FSN 315	Nutrition in Aging	4

## Emphasis area

Select one area: 15-17

Clinical: (CHEM 313, CHEM 314 or equivalent as prerequisite)

FSN 331	Macronutrient Metabolism
FSN 332 & FSN 333	Micronutrient Metabolism and Nutrient Metabolism Lab
FSN 431 & FSN 432	Medical Nutrition Therapy I and Medical Nutrition Therapy II

Community: (CHEM 313, CHEM 314 or equivalent as prerequisite)

FSN 331	Macronutrient Metabolism
FSN 332	Micronutrient Metabolism
FSN 416	Community Nutrition

Select one of the following:

ANT 401	Culture and Health
COMS 418	Health Communication
FSN 250	Food and Nutrition: Culture and Customs
FSN 415	Nutrition Education and Communications
POLS 332	World Food Systems
RPTA 450	Resource and Grant Development
SOC 323	Social Stratification

Culinary Science and Food Service Management:

FSN 121	Fundamentals of Food
FSN 321	Contemporary Issues in Food Choice and Preparation
FSN 343	Foodservice Operations I
FSN 304	Advanced Culinary Principles and Practice
or FSN 344	Foodservice Operations II

Sports Nutrition: (CHEM 313, CHEM 314 or equivalent as prerequisite)

FSN 331	Macronutrient Metabolism
FSN 332 & FSN 333	Micronutrient Metabolism and Nutrient Metabolism Lab
KINE 303	Physiology of Exercise
FSN 405	Advanced Sport Nutrition & Exercise Metabolism
or KINE 451	Nutrition for Fitness and Sport

**Total units**

**27-29**