

DANCE (DANC)

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DANC Courses

DANC 130. Pilates and Conditioning Fundamentals. 2 units

Introduction to the Pilates method and conditioning fundamentals. Exploration and practice of physical fitness, and the maintenance of a uniformly developed body. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 131. Beginning Ballet. 2 units

Fundamentals of ballet technique stressing alignment, turnout, basic positions and terminology. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 132. Beginning Modern Dance. 2 units

Fundamentals of modern technique stressing alignment, off-centered use of torso, floorwork, movement phrases, and improvisation exercises. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 133. Beginning Jazz Dance. 2 units

Introduction of jazz dance techniques stressing a variety of styles, alignment, isolation, polyrhythms, syncopation, improvisation and technical presentation of dance phrases. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 134. Beginning Ballroom Dance. 2 units

Focus on one or more selected ballroom dances including Cha-Cha, Foxtrot, Merengue, Rhumba, Samba, Swing, Tango, and/or Line Dances. Emphasis on alignment, etiquette, leading and following, history, performance techniques and presentation of dance phrases. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 135. International Folk Dance. 2 units

Introduction to international folk dances including round, longway, and square sets. Study of various dance steps, formation, positions, historical and cultural background. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 210. Active Wellness. 4 units

2019-20 or later catalog: GE Area E
2017-19 or earlier catalog: GE Area D4
Investigation of health and wellness ideologies and techniques for dancers and non-dancers through active participation in fitness circuits and lecture. Elements of fitness, injury prevention, somatic methodologies, anatomy, and body image will be presented and discussed to help students maintain and cultivate optimum health now and in the future. 3 lectures, 1 activity. Fulfills GE Area E (GE Area D4 for students on the 2017-19 or earlier catalogs).

DANC 221. Dance Appreciation. 4 units

2020-21 or later catalog: GE Area C1
2019-20 or earlier catalog: GE Area C3
Introductory survey of major experiments in dance. Examination of history, philosophy, aesthetics, cultural context and criticism of diverse dance genres. Focus on major western dance artists from the 19th century to the present. Purchase of concert ticket(s) may be required. Course may be offered in classroom-based or online format. 4 lectures. Fulfills GE Area C1 (GE Area C3 for students on the 2019-20 or earlier catalogs).

DANC 231. Intermediate Ballet. 2 units

Prerequisite: Intermediate level experience as determined by instructor at first class meeting.

Continuation of training in basic technical skills in ballet stressing phrasing, performance, and more complex step patterns. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 232. Intermediate Modern Dance. 2 units

Prerequisite: Intermediate level experience as determined by instructor at first class meeting.

Continuing study of DANC 132 with emphasis on various movement styles, phrasing, more complex step patterns, and performance. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 233. Intermediate Jazz Dance. 2 units

Prerequisite: Intermediate level experience as determined by instructor at first class meeting.

Continuation of DANC 133 with emphasis on more extensive movement vocabulary. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 234. Intermediate Ballroom Dance. 2 units

Prerequisite: DANC 134 or intermediate level experience as determined by instructor at first class meeting.

Continuation of DANC 134. Selected ballroom dances: cha cha, foxtrot, merengue, rumba, swing, tango, hustle, paso doble, polka and samba. Emphasis on variations, styles, and performance skill. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 270. Selected Topics. 1-4 units

Prerequisite: Open to undergraduate students and consent of instructor.

Directed group study of selected topics. The Class Schedule will list topic selected. Total credit limited to 8 units. 1 to 4 lectures.

DANC 280. Body Awareness and Expression. 4 units

Directed group study of movement techniques and exercises to facilitate expressive physical performance. Body effectiveness, alignment and conditioning practice integrated with creative exploration and movement analysis of effort, spatial awareness and detailed body usage. 4 lectures. Crosslisted as DANC/TH 280.

DANC 321. Cultural Influence on Dance in America. 4 units

2020-21 or later: Upper-Div GE Area C
2019-20 or earlier catalog: GE Area C4
USCP
Prerequisite: Junior standing; completion of GE Area A with grades of C- or better; one course in GE Area B4 with a grade of C- or better (GE Area B1 for students on the 2019-20 or earlier catalogs); and completion of GE Area C1 (GE Area C3 for students on the 2019-20 or earlier catalogs).

Multicultural approach to history of dance in America, with emphasis on American Indian, West African, Caribbean, Mexican, European, and Asian contributions and influences. Explores culture through dance. Purchase of concert ticket(s) required. 4 lectures. Fulfills GE Upper-Division C (GE Area C4 for students on the 2019-20 or earlier catalogs); and USCP.

DANC 331. Advanced Ballet and Repertory. 2 units

Prerequisite: DANC 231 or intermediate level experience as determined by instructor at first class meeting.

Advanced ballet technique and reconstruction of historical ballet repertoires from the romantic, classical, neoclassical, and modern periods. Participation in dance performance of selected repertory. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 332. Contemporary Dance Repertory. 2 units

Prerequisite: Intermediate level experience as determined by instructor at first class meeting.

Intermediate to advanced dance skills learned through the study and performance of selected contemporary dance repertory. Explores concepts in advanced performance technique through formal and informal presentation in performance situations. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 340. Dance Composition. 4 units

Prerequisite: Intermediate level experience as determined by instructor at first class meeting.

Principles of dance composition. Exploration of creative potential and development of movement motifs through choreographic studies. Preparation for informal public presentation of student generated choreographic works. Purchase of concert ticket(s) may be required. Total credit limited to 8 units. 1 lecture, 1 laboratory, 2 activities.

DANC 341. Dance Concert Practicum. 2 units

Prerequisite: consent of instructor.

Advanced practical application of choreography and dance concert production. Production of the student-produced Spring Dance Concert will be developed and executed. Investigation of complete choreographic work via peer and faculty review. Total credit limited to 8 units. 2 laboratories.

DANC 345. Choreography/Workshop in Dance Concert Preparation. 4 units

Prerequisite: By audition only.

Workshop in concert preparation for major public dance production. Exploration and process of concert dance choreography. Purchase of concert ticket(s) may be required. Total credit limited to 16 units. 4 laboratories.

DANC 346. Dance Production. 1-4 units

Prerequisite: One of the following: DANC 332, DANC 331, or DANC 345.

Directed production of annual Orchesis Dance Company Concert and other public performances. Attendance of professional dance concert(s) required. Purchase of concert ticket(s) may be required. Total credit limited to 16 units. 1-4 laboratories.

DANC 381. Dance Teaching Methods for Dance Minors. 4 units

Prerequisite: Dance Minor.

Dance skills and techniques. Experience in selected dance forms. Rhythmic structure and analysis of dance steps. Includes introduction to dance pedagogy, curricular materials and evaluative procedures. Purchase of concert ticket(s) may be required. 2 lectures, 2 activities.

DANC 400. Special Problems. 1-4 units

Prerequisite: Consent of instructor and department head.

Individual investigation, research and studies or survey of selected problems in dance and related areas. Total credit limited to 8 units with a maximum of 4 units per quarter.

DANC 430. Advanced Selected Techniques. 2 units

Prerequisite: Consent of instructor.

Directed study of selected topics for advanced dance students. Focus on advanced level technique, style, concepts and choreography of classical and contemporary dance forms. The Class Schedule will list topic selected. Total credit limited to 8 units. 2 activities.

DANC 470. Selected Advanced Topics. 1-4 units

Prerequisite: Consent of instructor.

Directed study of selected topics for advanced dance students. The Class Schedule will list topics selected. Total credit limited to 8 units. 1 to 4 lectures.

DANC 471. Selected Advanced Laboratory. 1-4 units

Prerequisite: Consent of instructor.

Directed group laboratory study of selected topics for dance students. The Class Schedule will list topics selected. Total credit limited to 8 units. 1 to 4 laboratories.