DANCE (DANC)

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DANC Courses

DANC 130. Pilates and Conditioning Fundamentals. 2 units
Term Typically Offered: F
Introduction to the Pilates method and conditioning fundamentals. Exploration and practice of physical fitness, and the maintenance of a uniformly developed body. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 131. Beginning Ballet. 2 units
Term Typically Offered: F, W, SP
Fundamentals of ballet technique stressing alignment, turnout, basic positions and terminology. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 132. Beginning Modern Dance. 2 units
Term Typically Offered: F, W, SP
Fundamentals of modern technique stressing alignment, use of torso, floor work, movement phrases, and improvisation exercises. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 133. Beginning Jazz Dance. 2 units
Term Typically Offered: W, SP
Introduction of jazz dance techniques stressing a variety of styles, alignment, isolation, polyrhythms, syncopation, improvisation and presentation of dance phrases. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 134. Beginning Ballroom Dance. 2 units
Term Typically Offered: TBD
Focus on one or more selected ballroom dances including Cha-Cha, Foxtrot, Merengue, Rumba, Samba, Swing, Tango, and/or Line Dances. Emphasis on alignment, etiquette, leading and following, history, performance techniques and presentation of dance phrases. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 135. International Folk Dance. 2 units
Term Typically Offered: SP
Introduction to international folk dances including round, longway, and square sets. Study of various dance steps, formation, positions, historical and cultural background. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 210. Active Wellness. 4 units
Term Typically Offered: TBD
2019-20 or later catalog: GE Area E
2017-19 or earlier catalog: GE Area D4
Investigation of health and wellness ideologies and techniques through active participation in personalized fitness circuits and lectures. Basic elements of fitness, injury prevention, nutrition are presented to help students activate optimum health now and in the future. 3 lectures, 1 activity. Fulfills GE Area E (GE Area D4 for students on the 2017-19 or earlier catalogs).

DANC 221. Dance Appreciation. 4 units
Term Typically Offered: SP
2020-21 or later catalog: GE Area C1
2019-20 or earlier catalog: GE Area C3
Introductory survey of major experiments in dance. Examination of history, philosophy, aesthetics, cultural context and criticism of diverse dance genres. Focus on major western dance artists from the 19th century to the present. Purchase of concert ticket(s) may be required. Course may be offered in classroom-based or online format. 4 lectures. Fulfills GE Area C1 (GE Area C3 for students on the 2019-20 or earlier catalogs).

DANC 231. Intermediate Ballet. 2 units
Term Typically Offered: F, W, SP
Prerequisite: Intermediate level experience as determined by instructor prior to add/drop deadline.
Continuation of training in basic technical skills in ballet stressing phrasing, performance, and more complex step patterns. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 232. Intermediate Modern Dance. 2 units
Term Typically Offered: F, W
Prerequisite: Intermediate level experience as determined by instructor prior to add/drop deadline.
Continuing study of DANC 132 with emphasis on various movement styles, phrasing, more complex step patterns, and performance. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 233. Intermediate Jazz Dance. 2 units
Term Typically Offered: F, W
Prerequisite: Intermediate level experience as determined by instructor prior to the add/drop deadline.
Continuing study of DANC 133 with emphasis on more extensive movement vocabulary. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 234. Intermediate Ballroom Dance. 2 units
Term Typically Offered: TBD
Prerequisite: DANC 134 or intermediate level experience as determined by instructor prior to the add/drop deadline.
Continuation of DANC 134. Selected ballroom dances: cha cha, foxtrot, merengue, rumba, swing, tango, hustle, paso doble, polka and samba. Emphasis on variations, styles, and performance skill. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.

DANC 270. Selected Topics. 1-4 units
Term Typically Offered: TBD
Prerequisite: Open to undergraduate students and consent of instructor.
Directed group study of selected topics. The Class Schedule will list topic selected. Total credit limited to 8 units. 1 to 4 lectures.
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>DANC 280</td>
<td>Body Awareness and Expression.</td>
<td>4</td>
<td>Directed group study of movement techniques and exercises to facilitate expressive physical performance. Body effectiveness, alignment and conditioning practice integrated with creative exploration and movement analysis of effort, spatial awareness and detailed body usage. 4 lectures. Crosslisted as DANC/TH 280.</td>
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<tr>
<td>DANC 321</td>
<td>Cultural Influence on Dance in America.</td>
<td>4</td>
<td>Multicultural approach to history of dance in America, with emphasis on American Indian, West African, Caribbean, Mexican, European, and Asian contributions and influences. Explores culture through dance. Purchase of concert ticket(s) required. 4 lectures. Fulfills GE Upper-Division C (GE Area C4 for students on the 2019-20 or earlier catalogs); and USCP.</td>
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<tr>
<td>DANC 331</td>
<td>Advanced Ballet and Repertory.</td>
<td>2</td>
<td>Advanced ballet technique and reconstruction of historical ballet repertories from the romantic, classical, neoclassical, and modern periods. Participation in dance performance of selected repertory. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.</td>
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<tr>
<td>DANC 332</td>
<td>Contemporary Dance Repertory.</td>
<td>2</td>
<td>Intermediate to advanced dance skills learned through the study and performance of selected contemporary dance repertory. Explores concepts in advanced performance technique through formal and informal presentation in performance situations. Purchase of concert ticket(s) may be required. Total credit limited to 6 units. 2 activities.</td>
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<tr>
<td>DANC 340</td>
<td>Dance Composition.</td>
<td>4</td>
<td>Principles of dance composition. Exploration of creative potential and development of movement motifs through choreographic studies. Preparation for informal public presentation of student generated choreographic works. Purchase of concert ticket(s) may be required. Total credit limited to 8 units. 1 lecture, 1 laboratory, 2 activities.</td>
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<tr>
<td>DANC 341</td>
<td>Dance Concert Practicum.</td>
<td>2</td>
<td>Directed study of selected topics for advanced dance students. Focus on advanced level technique, style, concepts and choreography of classical and contemporary dance forms. The Class Schedule will list topic selected. Total credit limited to 8 units. 2 activities.</td>
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<tr>
<td>DANC 345</td>
<td>Choreography/Workshop in Dance Concert Preparation.</td>
<td>4</td>
<td>Directed production of annual Orchesis Dance Company Concert and other public performances. Attendance of professional dance concert(s) required. Purchase of concert ticket(s) may be required. Total credit limited to 16 units. 4 laboratories.</td>
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<tr>
<td>DANC 346</td>
<td>Dance Production.</td>
<td>1-4</td>
<td>Workshop in concert preparation for major public dance production. Exploration and process of concert dance choreography. Purchase of concert ticket(s) may be required. Total credit limited to 16 units. 1-4 laboratories.</td>
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<tr>
<td>DANC 381</td>
<td>Dance Teaching Methods for Dance Minors.</td>
<td>4</td>
<td>Dance skills and techniques. Experience in selected dance forms. Rhythmic structure and analysis of dance steps. Includes introduction to dance pedagogy, curricular materials and evaluative procedures. Purchase of concert ticket(s) may be required. 2 lectures, 2 activities.</td>
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<tr>
<td>DANC 400</td>
<td>Special Problems.</td>
<td>1-4</td>
<td>Individual investigation, research and studies or survey of selected problems in dance and related areas. Total credit limited to 8 units with a maximum of 4 units per quarter.</td>
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<tr>
<td>DANC 430</td>
<td>Advanced Selected Techniques.</td>
<td>2</td>
<td>Directed study of selected topics for advanced dance students. The Class Schedule will list topics selected. Total credit limited to 8 units. 1 to 4 lectures.</td>
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<tr>
<td>DANC 470</td>
<td>Selected Advanced Topics.</td>
<td>1-4</td>
<td>Directed study of selected topics for advanced dance students. The Class Schedule will list topics selected. Total credit limited to 8 units. 1 to 4 lectures.</td>
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DANC 471. Selected Advanced Laboratory. 1-4 units
Term Typically Offered: TBD
Prerequisite: Consent of instructor.

Directed group laboratory study of selected topics for dance students. The Class Schedule will list topics selected. Total credit limited to 8 units. 1 to 4 laboratories.