

LEADERSHIP (LDR) SOLANO CAMPUS

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LDR Courses

LDR 1101 Emotional Intelligence 1.0: Self-Awareness and Self-Management (1 unit)

Term Typically Offered: F, SP

Explores the concept of Emotional Intelligence (EI) with an emphasis on self-awareness and self-management and its pivotal role in leadership development. 1 seminar. Formerly LDR 101 at Cal Maritime.

LDR 1102 Emotional Intelligence 2.0: Social-Awareness and Relationship Management (1 unit)

Term Typically Offered: F, SP

Explores the concept of Emotional Intelligence (EI) with an emphasis on social-awareness and relationship-management and its pivotal role in leadership development. 1 seminar. Formerly LDR 102 at Cal Maritime.

LDR 1103 Navigating Leadership Through Influential Leadership Texts (1 unit)

Term Typically Offered: F, SP

Engage with a rotating selection of influential books on leadership, exploring key leadership principles and different perspectives on leadership. Through in-depth reading, discussion, and reflection activities, examine how the selected book's ideas can be applied to real-world leadership challenges while gaining practical tools for improving their own leadership skills. 1 seminar. Formerly LDR 103 at Cal Maritime.