# EXERCISE AND SPORT STUDIES MINOR

## Required Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINE 240</td>
<td>Introductory Principles of Exercise Science and Sport</td>
<td>4</td>
</tr>
<tr>
<td>KINE 278</td>
<td>Introduction to Perspectives in Physical Activity</td>
<td>4</td>
</tr>
<tr>
<td>KINE 308</td>
<td>Motor Development</td>
<td>3</td>
</tr>
<tr>
<td>KINE 324</td>
<td>Sports, Media and American Popular Culture</td>
<td>4</td>
</tr>
<tr>
<td>KINE 366</td>
<td>Applied Sport Psychology</td>
<td>3</td>
</tr>
<tr>
<td>KINE 401</td>
<td>Managing Exercise, Health, and Sport Programs</td>
<td>3</td>
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</tbody>
</table>

## Approved Electives

1 Select from the following: 8

- At least 4 units must be at the 300-400 level.
- HLTH 250 Healthy Living
- or HLTH 255 Personal Health: A Multicultural Approach
- or HLTH 260 Women's Health Issues
- or HLTH 443 Health Education for Teachers
- KINE 266 Sport and Exercise Psychology
- KINE 307 Adapted Physical Activity
- KINE 312 Motor Learning and Control
- KINE 323 Sport and Gender
- KINE 382 Psychological Aspects of Injury in Sport and Physical Activity
- PSY 350 Teamwork
- RPTA 260 Community Relations and Sports-Based Youth Development
- RPTA 323 Sport Marketing and the Fan Experience

**Total units** 29

1 Some courses may require additional prerequisites.