## NUTRITION MINOR

### Required Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSN 202</td>
<td>Introduction to Human Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>FSN 310</td>
<td>Maternal and Child Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>FSN 315</td>
<td>Nutrition in Aging</td>
<td>4</td>
</tr>
</tbody>
</table>

### Emphasis area

Select one area: 15-17

- **Clinical:** (CHEM 313, CHEM 314 or equivalent as prerequisite)
  - FSN 331: Macronutrient Metabolism
  - FSN 332: Micronutrient Metabolism
  - & FSN 333: Nutrient Metabolism Lab
  - FSN 431: Medical Nutrition Therapy I
  - & FSN 432: Medical Nutrition Therapy II

- **Community:** (CHEM 313, CHEM 314 or equivalent as prerequisite)
  - FSN 331: Macronutrient Metabolism
  - FSN 332: Micronutrient Metabolism
  - FSN 416: Community Nutrition

Select one of the following:

- ANT 401: Culture and Health
- COMS 418: Health Communication
- FSN 250: Food and Nutrition: Culture and Customs
- FSN 415: Nutrition Education and Communications
- POLS 332: World Food Systems
- RPTA 450: Resource and Grant Development
- SOC 323: Social Stratification

- **Culinary Science and Food Service Management:**
  - FSN 121: Fundamentals of Food
  - FSN 321: Contemporary Issues in Food Choice and Preparation
  - FSN 343: Foodservice Operations I
  - FSN 304: Advanced Culinary Principles and Practice
  - or FSN 344: Foodservice Operations II

- **Sports Nutrition:** (CHEM 313, CHEM 314 or equivalent as prerequisite)
  - FSN 331: Macronutrient Metabolism
  - FSN 332: Micronutrient Metabolism
  - & FSN 333: Nutrient Metabolism Lab
  - KINE 303: Physiology of Exercise
  - FSN 405: Advanced Sport Nutrition & Exercise Metabolism
  - or KINE 451: Nutrition for Fitness and Sport

### Total units 27-29