

NUTRITION MINOR

Minor Requirements and Curriculum

The minor must be completed prior to, or at the same time as, the requirements for the bachelor's degree. A major and a minor may not be taken in the same degree program, and a minor is not required for a degree. Requirements for the minor include:

- At least half of the units must be from upper-division courses (3000-4000 level).
- At least half of the units must be taken at Cal Poly (in residence).
- No more than one-third of the units will be taken with credit-no credit grading (CR/NC), not counting courses with mandatory CR/NC. Departments may further limit CR/NC grading if desired.
- A minimum 2.0 GPA is required in all units counted for completion of the minor.

Code	Title	Units
REQUIRED COURSES		
FSN 2202	Introduction to Human Nutrition	3
NUTR 3310	Maternal and Child Nutrition	3
NUTR 3315	Nutrition in Aging	2
Emphasis Area		
Select one of the following emphasis areas: ¹		12-15
Medical Nutrition ²		
NUTR 3331	Macronutrient Metabolism	
NUTR 3332	Micronutrient Metabolism	
NUTR 3333	Nutrient Metabolism Lab	
NUTR 4431	Medical Nutrition Therapy I	
NUTR 4432	Medical Nutrition Therapy II	
Community ²		
NUTR 3331	Macronutrient Metabolism	
NUTR 3332	Micronutrient Metabolism	
NUTR 4415	Nutrition Counseling & Education	
NUTR 4416	Community Nutrition	
Culinary Science and Foodservice Management		
FSN 1121	Fundamentals of Food	
FSN 3304	Culinology	
FSN 3346	Institutional Food Service	
NUTR 3321	Experimental Foods	
Sports Nutrition ²		
KINE 3303	Physiology of Exercise	
NUTR 3331	Macronutrient Metabolism	
NUTR 3332	Micronutrient Metabolism	
NUTR 3333	Nutrient Metabolism Lab	
NUTR 4405 or KINE 4451	Advanced Sport Nutrition & Exercise Metabolism Nutrition for Fitness and Sport	
Total Units		20

¹ Unit selection for requirements will vary based on students selection of an emphasis area.

² Additional prerequisites may be needed to complete this requirement.