## NUTRITION MINOR

**Required Courses**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSN 210</td>
<td>Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>FSN 310</td>
<td>Maternal and Child Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>FSN 315</td>
<td>Nutrition in Aging</td>
<td>4</td>
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</tbody>
</table>

**Emphasis area**

Select one area: 15-16 units

- **Clinical:** (CHEM 313 or equivalent as prerequisite)
  - FSN 328 Nutrient Metabolism I
  - FSN 329 Nutrient Metabolism II
  - FSN 429 Clinical Nutrition I
  - FSN 430 Clinical Nutrition II

- **Community:** (CHEM 313 or equivalent as prerequisite)
  - FSN 328 Nutrient Metabolism I
  - FSN 329 Nutrient Metabolism II
  - FSN 416 Community Nutrition

Select one of the following:

- ANT 401 Culture and Health
- COMS 418 Health Communication
- FSN 250 Food and Nutrition: Customs and Culture
- FSN 415 Nutrition Education and Communications
- POLS/UNIV 333 World Food Systems
- RPTA 450 Resource and Grant Development
- SOC 323 Social Stratification

**Culinary Science and Food Service Management:**

- FSN 121 Fundamentals of Food
- FSN 321 Contemporary Issues in Food Choice and Preparation
- FSN 343 Institutional Foodservice I
- FSN 304 Advanced Culinary Principles and Practice
  - or FSN 344 Institutional Foodservice II

**Sports Nutrition:** (CHEM 313 or equivalent as prerequisite)

- FSN 328 Nutrient Metabolism I
- FSN 329 Nutrient Metabolism II
- KINE 303 Physiology of Exercise
- KINE 451 Nutrition for Fitness and Sport

**Total units:** 27-28