# NUTRITION MINOR

## Required Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSN 210</td>
<td>Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>FSN 310</td>
<td>Maternal and Child Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>FSN 315</td>
<td>Nutrition in Aging</td>
<td>4</td>
</tr>
</tbody>
</table>

## Emphasis area

Select one area: 15-17

- **Clinical:** (CHEM 313 or equivalent as prerequisite)
  - FSN 331 Macronutrient Metabolism
  - FSN 332 Micronutrient Metabolism
  - FSN 333 and Nutrient Metabolism Lab
  - FSN 431 Medical Nutrition Therapy I
  - FSN 432 and Medical Nutrition Therapy II

- **Community:** (CHEM 313 or equivalent as prerequisite)
  - FSN 331 Macronutrient Metabolism
  - FSN 332 Micronutrient Metabolism
  - FSN 416 Community Nutrition
  - Select one of the following:
    - ANT 401 Culture and Health
    - COMS 418 Health Communication
    - FSN 250 Food and Nutrition: Customs and Culture
    - FSN 415 Nutrition Education and Communications
    - POLS/UNIV 333 World Food Systems
    - RPTA 450 Resource and Grant Development
    - SOC 323 Social Stratification

- **Culinary Science and Food Service Management:**
  - FSN 121 Fundamentals of Food
  - FSN 321 Contemporary Issues in Food Choice and Preparation
  - FSN 343 Foodservice Operations I
  - FSN 304 Advanced Culinary Principles and Practice
  - or FSN 344 Foodservice Operations II

- **Sports Nutrition:** (CHEM 313 or equivalent as prerequisite)
  - FSN 331 Macronutrient Metabolism
  - FSN 332 Micronutrient Metabolism
  - FSN 333 and Nutrient Metabolism Lab
  - KINE 303 Physiology of Exercise
  - FSN 405 Advanced Sport Nutrition & Exercise Metabolism
  - or KINE 451 Nutrition for Fitness and Sport

Total units: 27-29