# NUTRITION MINOR

<table>
<thead>
<tr>
<th>Required Courses</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>FSN 210 Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>FSN 310 Maternal and Child Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>FSN 315 Nutrition in Aging</td>
<td>4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Emphasis area</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Select one area:</td>
<td>15-17</td>
</tr>
</tbody>
</table>

**Clinical:** (CHEM 313 or equivalent as prerequisite)
- FSN 331 Macronutrient Metabolism
- FSN 332 Micronutrient Metabolism
- FSN 333 and Nutrient Metabolism Lab
- FSN 431 and Medical Nutrition Therapy I
- FSN 432 and Medical Nutrition Therapy II

**Community:** (CHEM 313 or equivalent as prerequisite)
- FSN 331 Macronutrient Metabolism
- FSN 332 Micronutrient Metabolism
- FSN 416 Community Nutrition
- Select one of the following:
  - ANT 401 Culture and Health
  - COMS 418 Health Communication
  - FSN 250 Food and Nutrition: Customs and Culture
  - FSN 415 Nutrition Education and Communications
  - POLS/UNIV 333 World Food Systems
  - RPTA 450 Resource and Grant Development
  - SOC 323 Social Stratification

**Culinary Science and Food Service Management:**
- FSN 121 Fundamentals of Food
- FSN 321 Contemporary Issues in Food Choice and Preparation
- FSN 343 Foodservice Operations I
- FSN 304 Advanced Culinary Principles and Practice
  - or FSN 344 Foodservice Operations II

**Sports Nutrition:** (CHEM 313 or equivalent as prerequisite)
- FSN 331 Macronutrient Metabolism
- FSN 332 Micronutrient Metabolism
- FSN 333 and Nutrient Metabolism Lab
- KINE 303 Physiology of Exercise
- FSN 405 Advanced Sport Nutrition & Exercise Metabolism
  - or KINE 451 Nutrition for Fitness and Sport

**Total units:** 27-29