# NUTRITION MINOR

## Required Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>FSN 210</td>
<td>Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>FSN 310</td>
<td>Maternal and Child Nutrition</td>
<td>4</td>
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<tr>
<td>FSN 315</td>
<td>Nutrition in Aging</td>
<td>4</td>
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## Emphasis area

Select one area: 15-17

### Clinical: (CHEM 313 or equivalent as prerequisite)

- FSN 331 Macronutrient Metabolism
- FSN 332 Micronutrient Metabolism
- FSN 333 and Nutrient Metabolism Lab
- FSN 431 Medical Nutrition Therapy I
- FSN 432 and Medical Nutrition Therapy II

### Community: (CHEM 313 or equivalent as prerequisite)

- FSN 331 Macronutrient Metabolism
- FSN 332 Micronutrient Metabolism
- FSN 416 Community Nutrition

Select one of the following:

- ANT 401 Culture and Health
- COMS 418 Health Communication
- FSN 250 Food and Nutrition: Customs and Culture
- FSN 415 Nutrition Education and Communications
- POLS/UNIV 333 World Food Systems
- RPTA 450 Resource and Grant Development
- SOC 323 Social Stratification

### Culinary Science and Food Service Management:

- FSN 121 Fundamentals of Food
- FSN 321 Contemporary Issues in Food Choice and Preparation
- FSN 343 Foodservice Operations I
- FSN 304 Advanced Culinary Principles and Practice
  - or FSN 344 Foodservice Operations II

### Sports Nutrition: (CHEM 313 or equivalent as prerequisite)

- FSN 331 Macronutrient Metabolism
- FSN 332 Micronutrient Metabolism
  - and Nutrient Metabolism Lab
- KINE 303 Physiology of Exercise
- FSN 405 Advanced Sport Nutrition & Exercise Metabolism
  - or KINE 451 Nutrition for Fitness and Sport

## Total units

27-29